

VOICE OF THE RESIDENTS

VOL. XXIX, No. 6

BROADMEAD, COCKEYSVILLE, MD.

February 2008

NANCY ROWE, A VERY EARLY RESIDENT

By Fran Beasley

One of the great advantages of living at Broadmead is the access to so many interesting co-residents, and one of the best places to meet and know them well is the coffee shop. I am constantly amazed at the variety of interests and backgrounds of our neighbors. Sadly, until a newspaper obituary is posted on the bulletin board, we have no idea of what their lives may have been before Broadmead. (Take note of Ralph White's recent clipping.) We try, in *The Voice*, to bring the person or persons to life for our readers. We hope we sometimes succeed.

Nancy Dulaney Rowe and her husband, Joshua moved into one of the model apartments on September 3rd, 1979. It was pre-"Mudders" – a term which she isn't very fond of, but she realizes that it is an appropriate term for the earliest residents.

The present lovely campus had been, until the coming of Broadmead, a pasture for cattle. So Nancy had a clean slate on which to create. She had long been interested in birds, trees – all nature. And what an exciting canvas this was! On an area map she placed trees and other plantings, always mindful of those native to the area. She included and labeled wildflowers found on the wooded hillside and planted others.

Then she turned to birds and started the Bird and Nature Committee. The first bird walk, led by

Nancy, was held on Thanksgiving-day of that first year. It was well-attended, and the walks were continued on a weekly basis. She had educational hand-outs printed, making one for each month of the year. She banded birds and initiated bluebird boxes. Nancy was well qualified for these projects, having

been, before "retirement", president of the Baltimore Chapter of the Maryland Ornithological Society.

Nancy and Josh were born and bred Baltimoreans. She went from Roland Park Country School to Goucher. The great depression had changed her thoughts from Wellesley to Goucher – a circumstance which pleased her very much. It was at Goucher that she developed a lasting friendship with Betsy Griffin. It was through Hannah Rowe (Wilson), a sorority sister from Syracuse, that she was later to meet Hannah's handsome brother, Josh. By the time she and Josh met she had graduated

from Goucher as a psychology major and Josh from Cornell as a civil engineer.

They married in June of 1940. By February of 1941 our entry into World War II was looming and Josh, a member of the Maryland Air National Guard, was activated and sent to Ft. Bragg, N.C. He spent the war years patrolling the Atlantic coast, searching for enemy submarines. After the war, as the Baltimore area had always been home, it was

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Photo from Nancy Rowe's collection

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The Broadmead Residents Association

President: *Jane Earhart*Managing Editor: *Fran Beasley*Editorial Staff: *Pete Hoffman, Dick Hutzler,**Jeanette Royston,*Reporters: *Nancy Allchin, Bobbie Kottler*Columnist: *Foxy Georgia*Proof Readers: *Virginia Cooley, Betsey Spragins,**Bob Fetter, Jean McGregor*Circulation: *Harriet Duncan, Fran Peterson*Consultant: *Bob Davies***NEWLY ARRIVED
RESIDENT****Virginia Schurman M-14 527-3919****MOVING AROUND
BROADMEAD****From To****John & Audrey DeHoff N-7 TH-311 & 313****IN MEMORIAM****Ralph K. White****December 9, 1907 December 25, 2007****Martha B. Culbertson****August 2, 1914 December 30, 2007****Rena Madansky****July 26, 1919 January 1, 2008****Nancy T. Nichols****February 28, 1921 January 3, 2008****Charlotte H. Smyth****October 4, 1927 January 4, 2008****AUTOMATIC EXTERNAL
DEFIBRILLATOR (AED)***By Dr. Barbara Carroll*

Now that we have 3 AEDs on our campus, I want to make sure everyone understands their purpose and where they are located. An AED is a medical device that treats certain lethal heart rhythms in the setting of a cardiac arrest. It should only be used by persons certified in CPR and AED use. The AED delivers an electric shock through pads placed on the patient's chest if the patient's heart rhythm is ventricular fibrillation or ventricular tachycardia. The use of an AED, in conjunction with cardiopulmonary resuscitation, may help improve survival.

The 3 AEDs at Broadmead are located on the ground floor on the wall near the operator's desk, and on the first floor behind the reception desk and on the wall near the Stony Run elevator. When staff responds to an emergency call for someone who has become unresponsive, they will determine if the person is in cardiac arrest and start CPR unless the person has a Medic-Alert bracelet or pendant indicating they do not want CPR.

So, it is very important to let your doctor know if you do not want to be resuscitated. He/she will need to complete a form called the EMS/ DNR form (abbreviation for emergency medical systems/ do not resuscitate). You will then need to mail in a copy of this form with the application to Medic-Alert to obtain a bracelet or pendant. I have requested copies of the application which we should have soon in OPD.

In closing, I would ask not to stand around to watch. We should respect the person's dignity and privacy in this situation.

HITHER, THITHER AND YAWN.*With Foxy Georgia*

According to the figures mathematical..
The time has arrived for a sabbatical..
Editors rush to fill an empty space
Will some one else take Georgia's place?

Later, returning refreshed and full of chatter
There'll be a high level decision on this matter.

Apologia
It has truly been all fun and games..
Trying to mention each of your names
Please forgive each error and bloop
You've been so patient, a real super-group!
Nuff said , ,

(Continued from page 1)

here they raised their two daughters: Nancy-Bets, now Mrs. Erroll Hay, and Marjorie, now Mrs. Jeb Felter.

Sadly, Josh had developed Parkinson's disease before they entered Broadmead; he lived here for eight years.

To be conversant with her husband, Nancy attended pilots' ground school and, upon its completion, she won a scholarship for pilot's training. She then received a private pilot's license. Also, at some point this remarkable woman invented a battery and bulb tester.

After living in most of Broadmead's locations, Nancy is now on Hallowell Hall. Seven years ago she had a stroke, affecting her right side. She worked very diligently with therapists and learned to write very well with her left hand! Now it is easier to use a computer to compose her writings. Nancy has the luxury of a strong will and a very supportive family. Her room on Hallowell has the accoutrements of a rather complete office: bookcases and files put together by son-in-law, Errol Hay, and computing equipment, updated when necessary, by Jeb Felter. She loves writing, especially poetry, at which she is skilled. She has written memoirs of friends, family, and important happenings. It is a continuing process. On a shelf in her room are ten very large white bound books of these collections.

Daughter Nancy-Bets, who is a retired social worker – among other careers – visits frequently. She admits to a talent for organization, and helps with putting the books together. Marjorie is on the staff of Friends School and her time is more limited. But she, too, is often at Broadmead. Nancy Rowe is a member of the Writers' Group and her writings are often read at their weekly meetings.

Three years ago, after much thought Nancy decided to become a Quaker. She realized that her ideas melded well with those of the Friends.

Betsy Griffin and Hannah Wilson also live at Broadmead, as did another sister-in-law, Beth Brown. Nancy-Bets received the "Bets" part of her name from Betsy Griffin.

Nancy is a many-faceted lady. One of her gifts is to share with us those things which we need for a better life. She has lived in this community for twenty-eight years. Surprisingly to herself, she very much likes living in Hallowell.

Thank you, Nancy, for all those years!

HENRY E. NILES

By Malcolm Sherman

At his home, Henry E. Niles, President of Baltimore Life, was talking with friends about the war in Viet Nam. His wife, Mary, exclaimed, "Y'all oppose this war; you write letters to the papers and talk on and on. Why don't you go up on the hill, visit your elected congress people, and tell them how you feel. Right now it's just the college kids who are really opposing the war. Yet they are considered 'longhairs' – left-wing."

So BEM – Business Executives Move for a Viet Nam Peace – was formed. Founding members included Henry Niles, Jim Rouse and Jack Levin. Some months later more than a thousand business leaders had joined. I was one of them.

In my mind's eye I can still see hundreds of us in Lafayette Park across from the White House, planks of wood placed on horses; blank paper plates and cups of water were the place settings. We heard talks, chanted songs. For three days we fasted as the money we would have spent eating went into full-page ads opposing the Viet Nam war. These ads appeared in The Washington Post, The New York Times and The Wall Street Journal.

A separate full-page ad ran in The Washington Post:

"To President Richard M. Nixon
WAGE PEACE, Mr. PRESIDENT"

Signed: Libby and Jim Rouse

The fast and ads were followed by more than six hundred of our members visiting their respective congress people, urging them to wage peace, not war..

Surely the press stories of so many rallying against the war – all business leaders – made a significant difference.

One person can make a difference, take a stand, rally others. Henry Niles did so.

Note: Henry E. Niles and his wife, Mary Cushing Niles, Lived at Broadmead, 1979-1983.

*
* Happiness comes through *
* doors you didn't even know *
* you left open. *
*

SENIOR MOMENTS, ALZHEIMER'S DISEASE AND NORMAL AGING

By Gretel D. Weiss

Dr. Peter Rabins spoke to an overflow audience at the Open Forum on January 3rd, 2008. Dr. Rabins is a psychiatrist on the Hopkins faculty who has focused his career on the study of psychiatric disorders in older persons. "The Thirty-six Hour Day" has been a bible for many people caring for a family member with Alzheimer's disease. His latest book, published in 2005, is entitled "Getting Old Without Getting Anxious."

Dr. Rabins began his talk with a historical overview of Alzheimer's disease. The disease, which used to be called senility, has afflicted people for hundreds of years going back to the Greeks. Senility means getting old, and it was considered a very rare disease. The first physician to address himself to the disease was Dr. Alois Alzheimer, a psychiatrist. Dr. Alzheimer did an autopsy on a patient with dementia, and he discovered plaques and tangles in the brain which proved to be characteristic of the disease when further research was done beginning in 1968.

Thus Dr. Alzheimer's findings were confirmed. It was now clear that the disease has a biological basis which makes people forget, not getting old.

What is normal aging was Dr. Rabins next question. With normal aging only two aspects of thinking deteriorate. One, the ability to think slows down somewhat, and two, difficulty with free recall memory, which is the ability to think of a word or a name. People with Alzheimer's disease remember three words at best, or they may remember none. Senior moments are difficulty with free recall memory. Dr. Rabins said that the best thing to do is not to become anxious and not to pressure yourself. It will come eventually. In 1976 it was found that all adults with Down's Syndrome who live over the age of forty have plaques and tangles in their brain; in other words, they have Alzheimer's disease.

Alzheimer's disease seems to be something that causes the death of brain cells. Dr. Rabins discussed the process in detail, but it will not be discussed here because of lack of space as well as the writer's insufficient knowledge of the subject. A vaccine to remove proteins from the brain is in trial now. If it succeeds (and Dr. Rabins says that it is a big "if"), 90% of patients with Alzheimer's disease in

nursing homes would not have to be there. A world without Alzheimer's disease will be dramatically different from the world we live in now.

There was an interesting question and answer period, and I will list some of the highlights here:

There are people with Alzheimer disease all over the world and in all cultures. Environment and diet are secondary.

People over age 80 have plaques and tangles in their brains without having dementia.

It is believed that the more education a person has, the less likely she/he is to develop Alzheimer's disease, but Dr. Rabins is not sure he believes it.

If someone has a serious memory problem it is better to tell him the word he is seeking in order to reduce frustration. Help by asking "do you mean this?"

Alzheimer's disease is not just a memory problem. There is also trouble communicating followed by physical deterioration.

In order to distinguish normal from sick, the best thing to do is to see a physician for a diagnosis. When should someone worry? When you can no longer do what you have always done.

Heavy drinking can be a cause of dementia. If a person drinks too much, he/she may be poorly nourished or may fall. Modest drinking may be slightly protective.

Dr. Rabins thinks that Alzheimer's disease patients should be separated from the rest of the nursing home population. He considers it an unfair burden to put on cognitively healthy people. Alzheimer's disease patients don't know who is around them. What is needed is a well trained, supportive and compassionate staff.

When asked about music for Alzheimer's disease patients, Dr. Rabins said that every culture has music. People lose the ability to speak, yet they can sing. There is a strong emotional component in song: it is a good way to connect.

Are Alzheimer's disease patients unhappy or indifferent? Two-thirds of patients with the disease have no clue what is wrong with them; they have no awareness of the dementia.

Alzheimer's disease develops in a relatively predictable fashion. Diagnosis is a matter of pattern recognition.

Dr. Rabins graciously answered many questions. Everyone was most appreciative and found the presentation very interesting. It was reassuring to learn that the inability to remember names or words is normal

THE SEARCH FOR A FAIR AND SENSIBLE IMMIGRATION POLICY IN THE POST 9/11 WORLD

By Gretel D. Weiss

Sanford J. Ungar, Goucher College President, was the Open Forum speaker on December 13th. Mr. Ungar welcomed the opportunity to talk to Broadmead about immigration. The topic has been a major interest for him, and he wrote a book about it about

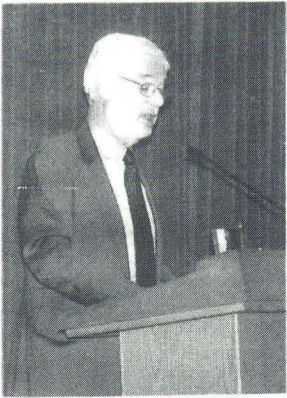


Photo by Leo Weiss

10 years ago. He warned us that his view is a controversial one, one we hear expressed only rarely. He pointed out that the immigration problem is a political problem. Today's immigrants are as controversial and as unwelcome as those before them, although it is a fundamental belief that the immigration experience

has changed and that today's immigrants are different. Not so, says Mr. Ungar. Today's immigrant may have a different color and a different language, but basically the majority come to the United States for economic reasons as did their predecessors. There may be different kinds of economic reasons with other motives mixed in, but basically today's immigrants want to pursue the American dream, and they hope that their children will have a better life than they had before they came to America. It is not surprising that vast numbers of people want to come here.

To a large extent the United States has been a haven for persecuted people. The first decade of the twentieth century saw the biggest wave of immigrants. Many earlier immigrants say that it was fine when they arrived, but that it is not so today. Immigrants who crossed the Atlantic in steerage had to face immigration officials while those arriving in first or second class could simply walk off the ship and were not counted as immigrants. In the West, those who could walk across the boarder were also not seen as immigrants. They had no idea on which side of the border they were born, and they had no documentation.

We don't hear very much about the benefits of immigration. People tend to be positively dis-

posed towards the ones they know personally. We forget their positive impact on the economy, legal or illegal. One study has shown that they pay \$80,000 more in taxes than they receive in public services. They save and invest and send money back home. Contrary to common knowledge immigrants do assimilate into American culture. For 72% of immigrants of the first generation, their native language is the primary language, but for all but 7% of the second generation English is the first language. The fear of non-assimilation is nothing new; Benjamin Franklin worried that German would become the official language of the United States. We also tend to forget that many immigrants are innovators in high tech and that they add a great deal in other areas as well. We need immigrants. Americans speak fewer foreign languages than anywhere else. Immigrants also revitalize neighborhoods, and Mr. Ungar gave several examples. They are a critical point of our work force.

The large numbers of children swelling enrollment in schools is lamented frequently. Mr. Ungar wondered how anyone could possibly be against educating children. Opponents don't think about what would happen if schools were not there for them. If we deny education or other services, who pays the price? Still, the important question is how do we find and exclude people who are trying to harm us? Mr. Ungar spent much time in Texas, and he is convinced of the absurdity of the fence. When you are desperate you become very clever at finding ways to come here. He also looks askance at laws which cannot be enforced. Fear of deportation leads to falsification. It is estimated that there are 11 million undocumented workers in the United States, and 14 million including 5 million children live in households headed by undocumented workers. One out of twenty workers is here illegally and is here to stay. How would the many low level jobs be filled without them? Quotas are unrealistic; there are very few legal visas for them, and the average wait for spouses to be reunited is ten years. We tout family values; yet family values are at its highest among immigrants. How would we deport 5,000 people? Where would they go? Mr. Ungar is convinced that deportation is not going to happen. Controlling the borders is a legitimate desire, but, again, how can the laws be enforced?

Mr. Ungar's talk was followed by many questions, and there would have been many more if it were not for time limitations.

OUR CROWDED FUTURE

By: Kitty Stierhoff

Dr. Stan Becker, Professor of Population and Family Health Sciences at Johns Hopkins, spoke at the Open Forum in December on "Our Crowded Future". Dr. Becker is a demographer and gave us a power-point presentation showing charts and statistics affecting the sustainability of many countries, including the US, to support their population. Demography counts the number of people, births, deaths and people on the move, in order to predict sustainability. The charts showed global birth and death rates and we saw where there were surges, such as the baby boomer times following wars, and decreases during times such as flu epidemics. Sustainable population rate is 0. If there is negative population growth we would all die out. With positive growth we would go on to infinity which is not sustainable. A sustainable fertility rate is 2 children per family.

We have seen the world population triple in our lifetime. Currently there are 6.6 billion people in the world. It took up to the 1800s for our population to reach a billion. We reached 2 billion by 1930, 3 billion by 1960, 4 billion by 1974, 5 billion by 1987 and 6 billion by the year 2000. Currently at 6.6 billion we have shown very rapid growth, adding 75 million people a year.

We are currently in what demographers call an overshoot - using the planet faster than we are restoring it. The projection is for 10 billion people by mid century, depending on fertility. The largest number of people live in Asia, the most projected growth is in Africa. America is the fastest growing developed region. European population has declined slightly.

There is rapid growth in the US. Sixty thousand people are added to the Baltimore/Washington area yearly. Three million people are added yearly in the US. We are the third largest country in the world and we are adding the largest number of people of all the developed countries. With less than 5% of the population in the world, we consume 25% of the energy of the world. Our lifestyle is not sustainable. We are living beyond our means and extinguishing other species on earth with our encroachment. The amount of CO₂ we put into the atmosphere depends on how many miles we drive. Currently we drive 10,000 miles per person, per year.

We must depend on technology and population to survive.

Education plays an important part in the increases and decreases of population. As the medical community develops more medicines and procedures, people live longer. The more education people have, particularly women, the more apt they are to marry later, use contraceptives and have fewer children. Urbanization also plays a part. As people move to more urbanized areas there is less need for more children to help on the farm and population decreases. All the charts show that we are not living in a sustainable world now. This is due not only to overpopulation but to excess consumerism and waste of the earth's resources. In order to combat this we must live more simply, support family planning and contraception and encourage our children and grandchildren to have fewer children.

To: BRA Computer Room Users

From: Bill Mottley

A few things I need your help with about using our equipment:

Our Printer-- When you want to print a document and you click on 'print' it takes the printer ten or fifteen seconds to respond. Be patient--don't press 'print' a second or third time. Doing so enters another job in the printer's memory and sometimes messes things up so the printer repeats until it runs out of paper. If the printer doesn't respond after fifteen seconds it may need more paper. Directions for adding paper are on the bulletin board.

Clean up after you have finished. Recently I found correspondence on the table relating to a resident's car being damaged and miscellaneous web page printouts. Please place these in a wastebasket or discard in the hallway washrooms.

Putting items in the computer's "trash" does not throw them away. You need to also "empty the trash" to keep others from seeing your work on these public computers!

Computers 3 and 4 start up quickly (compared to 1 and 2) and I am turning them off when I leave the room to save energy. The start up buttons are on the front of these computers!

Give me a call if you have questions, 410.785.0877.

FOR THE LOVE OF CHOCOLATE

By Germaine Sharretts

It was the custom after school to have a snack consisting of a "petit pain au chocolat". Bakeries in France open their doors to sell bread, fresh from the oven three times a day. The image of a Frenchman going home with a loaf of bread under the arm is a classical one. At 5 o'clock, tea time, my mother would have her tea and we children, back from school, our 'petit pain au chocolat', picked up fresh from the bakery by one of the servants sent for that purpose. So, I developed an addiction up to this day. As soon as I get off the airplane, whoever picks me up at the airport of Paris, is begged to stop at the first bakery on our way home. My sister, for instance, would pass, to my chagrin, most of the bakeries as not being the place for the best "petits pains" until she decides and knows where to stop. And what a delight!

This love was interrupted during the War as well as my collection of Nestle bars which used to provide stamps with beautiful views of Switzerland with a promise to the collectors of winning a bicycle. After about three years of War and no chocolate, a friend invited me to share in the bounty of a bar of chocolate, just awarded by the government to her grandmother who just turned 70 years. I went. Here it was, alone, a bar about 4 inches long, in the center of a long dining room table, surrounded by a dozen young people, drooling at that rarity. We got a piece... or, call it a crumb.

When the Americans landed in Morocco they showered us with boxes and boxes of Milky Ways. It was my first one and my last one, as I did not recognize it as chocolate. Since, I have questioned everything about chocolate: the manufacture, the taste, the content of cacao bean. I have read books about it. Is it 60% cacao to be called chocolate? I kept in touch with the International Chocolate Association which awards "Oscars" every year to the best chocolate manufacturer in the world. I went to an International Chocolate Fair in Washington D.C where I bought a sample of each country's chocolate to take home. In weather hovering at 100° F. Belgium, Switzerland, France and Italy blended already in a European mixture.

Alexandra, one of my several granddaughters, at age 10 spent a few weeks in Paris with me. She would not taste foie gras, chestnuts or kidneys



From the author's collection

but would eat chocolate only. In fear that she would become anemic, we roamed the chocolate shops of Paris and became quite expert. She is now 20 years old. Our love of chocolate is one of our LOVE links.

My oldest granddaughter Kristin reminded me recently that when she was in kindergarten in Paris and later doing graduate studies at the American University of Paris, we both used to stop every day in the afternoon to get a "petit pain au chocolat". And I was reminded that upon my return to Baltimore, not liking the local petit pains, I hand-made them by the dozen and kept them in the freezer for her visits.

And Christina, my youngest one, my love link with her seems to come straight from one of the beautiful poems of Victor Hugo in the chapter entitled "The Art of being a Grandfather". Same condition, same circumstances, same words. Christina, the day after her birthday, was punished for some misdeed and sent to her bedroom without any dessert. I went upstairs to see her and found her shedding big tears and mumbling between sobs, "My birthday cake, my birthday cake." I went to the kitchen downstairs and cut a large piece of the chocolate cake. The joy of this child was unforgettable. As I was taking the dirty plate downstairs I told her that I was afraid of being punished. Her remark, like Victor Hugo's granddaughter, was spontaneous: "Don't worry, I will bring you some chocolate"

BOOKS NEW TO THE BROADMEAD LIBRARY~ IN THE MARYLAND COLLECTION

The Maryland Collection is a grouping in Broadmead's Library of books pertaining to various aspects of Maryland, especially the history of the state and of specific localities, but often focusing on specific topics such as the people, geography, ecology, transportation, architecture, sociology, or pastimes of these areas. There is room for only a sample listing of the many new books in this collection; to see more, browse the shelves.

The Collection is housed in the Seminar Room on the Lower Level (room 060) of Broadmead Center. The books below are listed in order of call number, which is given at the end of each entry. (Note that this order groups books of similar topics together; for example, the first set are about aspects of Baltimore.) Some books listed are not entirely new to Broadmead's collection, but are listed here because they appear in a significantly different or improved edition.

Eisenberg, John. *From 33rd Street to Camden Yards: an oral history of the Baltimore Orioles*. 2001. F176.B2cam

Chalkley, Tom, Cohen, Charles, & Jensen, Brennen. *Charmed life*. 2000. F176.B2ch

Farrell, Michael. *Who made all our streetcars go? The story of rail transit in Baltimore*. 1973. F176.B2fa

Rukert, Norman. *Federal Hill, a Baltimore national historic district*. 1980. F176.B2fl1

tGiza, Joanne, & Black, Catharine. *Great Baltimore houses: an architectural and social history*. 1982. F176.B2gi [Note: There is another copy in Oversize NA.G53.]

Hayward, Mary, & Belfoure, Charles. *The Baltimore row house*. 1999. F176.B2hay

May, Huguette, & Smith, Anthea. *Finding the charm in Charm City: affectionate views of Baltimore*. 1998. F176.B2may

Wilson, Jane. *The very quiet Baltimoreans: a guide to the historic cemeteries and burial sites of Baltimore*. 1991. F176.B2wi

BIOLOGY TO SYSTEMS ANALYSIS

By Ted Wilson

On Saturday, January 12th, 2008 resident Max Greenland spoke at the Men's Saturday Social Hour about his life's work in research. Max was born in Baltimore, but his early education was in a variety of locations including high-school years in Richmond, VA. He then entered Johns Hopkins University, majoring in the biological sciences. His studies were interrupted by two years of army service, after which he returned to Hopkins and obtained his degree.

He then was employed at Edgewood Arsenal in the Applied Physiology division, headed by Dr. Frank Craig, doing research in such areas as oxygen utilization, carbon dioxide dispersion, respiratory rates and cardiac function of human subjects wearing masks and other protective equipment exposed to toxic gasses used in chemical warfare. Max then gave a brief history of the use of gas warfare, especially in World War I.

As computers began to be used in research, Max realized he needed more mathematical skills, so he enrolled in a program at the University of Maryland and obtained a degree in Mathematics. He returned to Edgewood to engage in Systems Analysis, which meant testing a wide variety of equipment that the army procured to analyze how well such items would function when exposed to toxic conditions. The transport of toxic substances was also a project for research. Max continued in this field until his retirement in 1986.

Not content to be idle, he undertook the rehabilitation of an old house, learning all the trade skills necessary for the task, but finding enough free time to travel extensively and to expand his general knowledge by taking a wide variety of courses.

He is a welcome addition to Broadmead.

WOODSHOP RENOVATED

By The Woodshop Associates

Photos by Bob Davies

The Woodshop Associates are pleased to announce the completion of the renovations to the Tool Room, The Store Room and the Woodworking Room with it's newly installed Integrated Dust Collection System.

These facilities were designed and installed by John McShane, Jonas Rappeport, Bob Schefflow, Larry Schneider, John Robbins, and Dwight Hastings with the financial assistance of The Broadmead Residents Association and Broadmead Inc.

We are also pleased to announce the appointment of John McShane as the new Chairman of the woodshop, succeeding Travers Nelson who has done such a superb job in that role these past several years.

The woodshop associates: Jo Booze, Nancy Boyce, Harry Butcher, Betty Douglas, Larry Gallo, Dottie Gustafson, Dwight Hastings, John Mc Shane, Travers Nelson, Pete Peterson, Jonas Rappeport, John Robbins, Ed Robinson, Bob Schefflow, Larry Schneider, Phil Schnering, Leo Weiss and occasionally others.



The new dust collection equipment.



Travers Nelson, left, is relinquishing chairmanship of the Woodshop to John McShane, right.

Never approach a bull from the front, a horse from the rear, or a fool from any direction.

By Danny Saradon

Men's*Saturday*Social*Hour

By Ted Wilson

Saturday, February 9, 2008

Speaker: Bob Fetter

Topic: "Some hitchhiking, railroading and retirement stories"

Saturday, February 23, 2008

Speaker: David Hopkins

Topic: "Life Experiences with J.P. Morgan and Alex Brown"

Meet in the lounge at 9:30 a.m.

Wear your name tag.

Bring \$1.00 to help cover the cost of coffee and doughnuts.

A CURE FOR WINTER DOLDRUMS MUSIC OF THE ROMANTIC AGE

Adventures in Learning has the answer to cold weather "blues". A program entitled "The World of 19th Century Concert Music" is a perfect treatment.

Having started January 30, with "The Romantic Rebellion", Jonathan Palevsky, Program Director of WBJC, will *continue* his lecture series accompanied by music.

Feb 6 - A Night and Maybe A Morning at
The Opera

Feb 13 My Music Is Better
Than your Music,
19th Century Nationalism
In Music

Feb.20 The Piano Virtuoso Is Born

These programs will be presented Wednesdays at
10:30 a.m. in the Auditorium.

FEB "BRRR" ARY

Nancy Dulaney Rowe

February's wintry weather
makes and unmakes icy swords,
dripping, dropping in the sunlight,
shiny, slippery, smooth, transparent
intervening twixt the viewer
and the misty scene beyond,
growing thick and melting thin,
yielding to ill-tempered whims
of winter's wanton waywardness.

Stout spears of ice de-magnify
the distant objects viewed through them
tipping them over topsy-turvy
charging our minds to tip them back.

Freezing Feb-ru-ary features
frosted windows, frozen locks,
frigid fingers, toes and noses,
mouths exhaling puffs of steam.

The month is short though not too sweet
except for one sweet day when men
will proffer gifts of sweets to the sweet
inscribing a card with a heart: "Guess Who?"

THE WORK OF DR. MARTIN LUTHER KING, JR.

By Carolyn Underwood

A masterpiece,
A chiaroscuro of dark and light.
The darks must touch,
Also the lights,
And both intertwined with care, with care
To craft a picture of beauty and love
And surprising integration.
A long process - not alla prima.
Such a work may take years, decades,
But the result will take your breath away
With its rightness.

MY MIND

By Ruth S. Williams

I watch the Public TV
For all the daily news,
Though often in the middle
I take a little snooze.

I read the latest fiction
Recommended by the Times.
I took a class in Poetry
And even learned to rhyme.

I attend the Open Forum
And Adventures in Learning too.
I spend each Thursday morning
Studying lions at the zoo.

But did Hannibal cross the Alps
On an elephant or a mule?
I think that is something
I should have learned in school.

Was Socrates a Roman
Or was he really a Greek?
Is Bill Gates a genius
Or just a lucky geek?

I'm not an intellectual.
I never said I was
I've studied many things
But my mind is in a fuzz.

WATER ON THE FLOOR?

"A Bonus From Jonas"

DON'T STOOP AND HURT YOUR BACK!

HAVE A "DEDICATED" RAG OR

OLD DISH TOWEL WHICH YOU STORE

UNDER THE SINK ON A HOOK

(Installed by the Woodshop or Maintenance)

Sew a string on a corner of the towel, throw it on the floor while holding the string, hold onto the stove or sink and place a foot on the towel and wipe up the floor mess.

THEN RAISE THE TOWEL BY THE STRING AND HANG IT BACK ON THE HOOK UNDER THE SINK. WHEN IT GETS DIRTY WASH IT WITH YOUR LAUNDRY.

CONSERVATION

By Bob Morrison

Recently, there were articles in the newspaper concerning water shortages and drought in this area. We also had a lecture on water resource management by professor Wolman of Johns Hopkins. Obviously, conservation of water is important even in the Baltimore area.

Here are a few suggestions: Take shorter, cooler showers especially in the winter. It not only saves water but it helps prevent dry skin. Use the little button at the shower head to shut off water while you soap up. Don't ever let the water run unnecessarily i.e. when brushing your teeth. Wash your hands often for health reasons but try using the kitchen sink and avoid the interminable wait for hot water to arrive in the bathroom sink. That saves all that water in the pipe to the bathroom sink, but it is water that came from the water heater so you are also saving energy. Run your dishwasher and washing machine only with a full load. Install a low flow shower head. If you have a dripping faucet it can waste a surprisingly large amount of water. Also, in freezing weather, that dripping water can freeze in the drain pipe and cause serious damage, so call maintenance and ask them to fix it. Every time you turn on a faucet, remember that water is NOT an unlimited commodity.

OPEN FORUM

By Sonia Blumenthal

In the Auditorium 7:00 p.m.

Friday, February 1st

"FUTURE TRANSPORTATION PLANS FOR THE STATE AND NEARBY COUNTIES"

Phil Humbertson

Asst. District Engineer

**For Project Development for Baltimore and
Harford Counties Keith Kucharek
Regional Planner for Baltimore, Harford and
Carroll Counties**

Friday, February 22nd

"GLOBAL HARBORS: A HISTORY OF BALTIMORE'S RENAISSANCE AND ITS ROLE AS A MODEL FOR OTHER CITIES"

Martin Millsbaugh,

Urban Development Consultant

Former Chief Executive

Of Charles Center,

Inner Management, Inc.

JANUARY THAW OR WHAT?

By Carolyn Underwood

On Tuesday, summer.

Wednesday was a bit like fall.

Thursday was winter.

**We've confused poor earth;
it needs a new birth of life.**

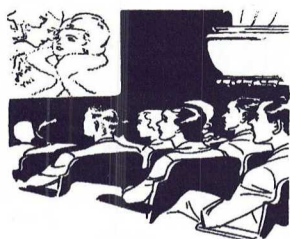
We are its midwife.

The air is toxic.

**. Some days it's harder to breathe,
Make lots of us seethe.**

**Oil-powered cars and trucks
have brought this mess upon us.**

And I say, "it sucks."



BROADMEAD MOVIES

Tuesday Movies
Marjorie & Louis Gold

February 5
1999

TUESDAYS WITH MORRIE

89 minutes NR

Based on Mitch Albom's best seller, Morrie is diagnosed with Lou Gehrig's disease and when Mitch, a sport columnist, learns of his beloved professor's plight, he connects and learns all over again. This time about life.

February 12

TERMS OF ENDEARMENT

1983 131 minutes PG
13

The story of a mother and daughter whose lives are changed by the men they love and their love for each other. Five Academy Awards.

February 19

BALAZ AND THE LITTLE CHINESE SEAMSTRESS

2002 112 minutes Not Rated

This nostalgic coming of age drama follows two young men who are sent to a remote village to be cleansed of non-Communist influences. While there, they both fall under the spell of a local beauty whose heart they hope to win through a secret stash of forbidden Western literature.

February 26

LOVE IN THE TIME OF CHOLERA

2007 100 minutes 16+.

Based on a novel by Gabriel Marquez, a man obsessively in love with the sweetheart who rejected him. Patiently devoted, Morentino remains on the



LET'S DANCE

By Ted Wilson

with the
George Hipp Trio

Everyone welcome to dance
or just to enjoy the music.

Monday, February 11th at 7:00 p.m.
In the Lounge

SATURDAY PROGRAMS

By Margaret Proctor

In the auditorium at 7:00 p.m.

February 2nd

THEATRE OF PERFORMING ARTS OF SOUTHERN YORK COUNTY

Presents

Flappers, Gangsters, and Dangerous fun"

A dinner Theatre for Broadmead
residents

5:30 p.m. Dinner; 7:00 p.m. Show Time

*

February 9th

"THE THREE TENORS FROM LOS ANGELES"

Carreras, Domingo,
Pavarotti
with Mehta

*

February 16th

"A ROYAL CEMETERY OF ANCIENT SYRIA"

A Bronze Age City's Secrets
Dr. Glenn Schwarts
JHU Archaeologist

*

February 23rd

HUBERT HUMPHREY FELLOWS

Two International Program Scholars,
Their outlook and experiences

MUSIC EVENTS

By Phil Schnering

Sunday

February 10th at 2:00 p.m.

RECITAL OF HARP STUDENTS OF PEABODY PREP

Michaela Tronkova,

Department Head

This is the third year we have had these students
Ages 7 to High School seniors display their skills
With this most difficult instrument.

From the Peabody Preparatory Conservatory.

*

Thursday

February 14th at 7:00 p.m.

LET'S SING

With Herb Merrick at the piano

*

Sunday

February 24th at 2:00 p.m.

THE CHORAL ARTS SOCIETY CHAMBER CHOIR

42 voices from the area's top choral group.

OPERA

By Harry Blumenthal

Video Opera

Friday,

February 29th, 7 p.m. the Auditorium

"L'ELISIR D'AMORE" (THE ELIXIR OF LOVE)

by

Gaetano Donizetti

Comic opera in two acts

Taped about 1992 at the

Metropolitan opera

Starring the late Luciano Pavorotti

In one of his greatest roles.

Co-starring is Kathleen Battle

At the height of her career.

(128 minutes)

WEDNESDAY WORSHIP AT BROADMEAD

1st Wednesday every month at 10:30 a.m.

EPISCOPAL COMMUNION

Taylor East Lounge - 3rd floor

Sponsored by Sherwood Episcopal Church
York Road, Cockeysville

2nd Wednesday every month at 10:00 a.m.

CATHOLIC MASS

Taylor East Lounge - 3rd floor

Sponsored by the Catholic Community of
St. Francis Xavier, Cuba Road Hunt Valley

3rd Wednesday every month at 10:30 a.m.

PRESBYTERIAN COMMUNION

Stony Run Activities Room - 3rd floor

Sponsored by Ashland Presbyterian Church
Ashland Road, Cockeysville

FRIENDS MEETING FOR WORSHIP

Sundays at 11:00 a.m.
Stony Run Board Room

BIBLE STUDY

THE REVEREND PATRICIA DROST

Immanuel Episcopal Church

Thursday, February 14th at 10 a.m.

In the Fireplace Room

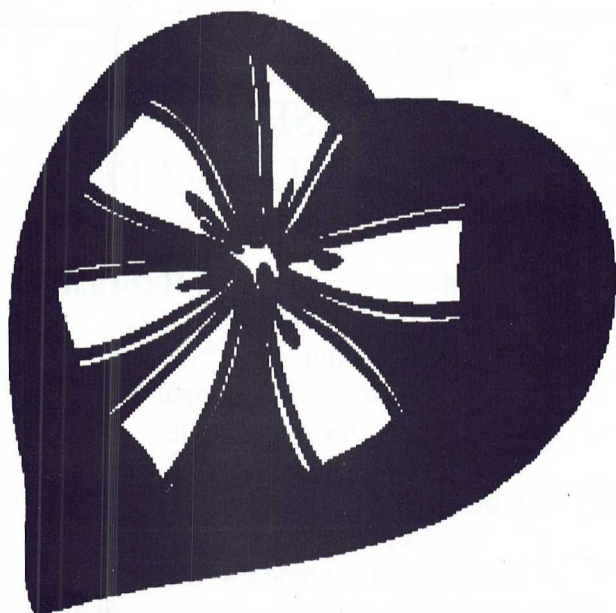
VESPERS

By Pat Underwood

Sunday in the Lounge

February 17th at 4:30 p.m.

The Reverend Charles Barton
Saint James Episcopal Church
Monkton, Maryland



VALENTINE'S DAY

By Lucille Brandt

No matter if we're old and gray,
And aches and pains have come to stay,
I'm sure that we will do just fine,
If you will be my Valentine.



Broadmead

13801 York Road
Cockeysville, Maryland 21030

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